



SALLISAW PUBLIC SCHOOLS

Eastside Elementary School

Breakfast and Lunch Menu

February 2023



Alternate Cereal and Grahams Available for Breakfast

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2022-2023 school year.		
30	31	1	2	3
Sausage Biscuit Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Yogurt and Toast Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Cheeseburger Baked Beans Fresh Fruit and Vegetable Bar Cookie Milk	Burrito w/ Cheese Sauce Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken and Waffles Strawberries Syrup Cup Fresh Fruit and Vegetable Bar Milk	Tator Tot Casserole Buttered Peas Sliced Bread Fresh Fruit and Vegetable Bar Milk National Tator Tot Day	Turkey and Cheese Wrap Lettuce, Tomato and Pickle Goldfish Fresh Fruit and Vegetable Bar Ice Cream Milk
Hamburger/Veggie	SAME	Chicken Nuggets/Veggie	SAME	PBJ/Cheese Stick/Veggie
6	7	8	9	10
Ham and Cheese Muffin Fruit Juice, Milk	Waffles Fruit Juice, Milk	Breakfast Boat Fruit Juice, Milk	Honey Bun Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Corndog Broccoli and Cheese Fresh Fruit and Vegetable Bar Cookie Milk	Indian Taco Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Baked Potato w/ Pulled Pork Shredded Cheese Texas Toast Fresh Fruit and Vegetable Bar Milk National Potato Lovers Day	Sloppy Joe Onion Rings Pickle Spear Fresh Fruit and Vegetable Bar Milk	Popcorn Chicken Salad Boiled Egg and Cheese Crackers Fresh Fruit and Vegetable Bar Brownie & Milk National Brownie Day
Hamburger/Veggie	SAME	Chicken Nuggets/Veggie	SAME	Pizza/Salad
13	14	15	16	17
Sausage, Egg & Cheese Biscuit	Pancake on a Stick Fruit Juice, Milk	Oatmeal and Cinnamon Toast Fruit Juice, Milk	Long John Fruit Juice, Milk	NO SCHOOL
 Spaghetti w/ Meat Sauce Seasoned Green Beans Garlic Bread Fresh Fruit and Vegetable Bar Milk National Italian Food Day	Chicken and Cheese Quesadilla Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Oven Roasted Chicken Mashed Potatoes Gravy Hot roll Fresh Fruit and Vegetable Bar Milk	Meatball Sub Shredded Cheese Marinara Sauce Fresh Fruit and Vegetable Bar Milk	
Hamburger/Veggie	SAME	Chicken Nuggets/Veggie	SAME	
20	21	22	23	24
NO SCHOOL	Pancakes Fruit Juice, Milk	Breakfast Banana Split Fruit Juice, Milk	Donut Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
 Happy Presidents Day	Beef Taco Salad Black Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Salisbury Steak Mashed Potatoes Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	BBQ Chicken Sandwich Potato Wedges Pickle Spear Fresh Fruit and Vegetable Bar Milk	Sub Sandwich Lettuce, Tomato and Pickle Sun Chips Fresh Fruit and Vegetable Bar Blueberry Crisp Milk
	SAME	Chicken Nuggets/Veggie	SAME	Pizza/Salad

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.